

MIDWAY

SLSC



EST. 1952



OCTOBER 2022—MIDWAY SLSC NEWSLETTER



Welcome to the 2022 Season for Midway Surf Lifesaving Club!

www.midwaysurf.org.nz

REGISTRATIONS

This year has seen Midway go online for club membership and registrations. Winter was spent putting a new system in place to allow members to register their membership and pay subs online and purchase things like vests and competition caps all in one place. This gives us the most up to date contact information for our members and their parents. Coaching and management staff also can see who is in what groups and communicate easily with them. Thank you to everyone who has jumped onto our website and joined Midway so far. Existing and new members must sign up. <https://midwaysurf.org.nz/membership/register/> Next year will be an easy re-registration to the new season. Please make sure you pay your account asap. If this might be an issue please contact a member of the Committee or your Coach to discuss, we'll always make a plan to assist.

Don't forget to also sign up to Surf Lifesaving NZ via <https://webportal.surflifesaving.org.nz/new-membership/> or update your details if you have your SLSNZ number. This is where SLSNZ communicate to you as members of the national organisation, where your awards are held and where training courses including SLA Refreshers via Etrainu are accessed.

If you aren't already please make sure you join our club FB page <https://www.facebook.com/groups/392903782873904/> **Midway SLSC Members Lounge** this is where we communicate all up to date information. Contact Gina on admin@midwayslsc.co.nz if you have any questions or need help with logins etc

Junior Surf Registrations

For members registering to Junior Surf (4 -13 years old)

Seniors Registrations

For Student Members registering to the Club (14 - 18 years old)

Adult Lifeguards & Associates

For Lifeguards over 18 registering to the club

MIDWAY MERCH

We've also launched our new updated brand and logo and with that also taken Midway Merch online. You can now go onto our website and order gear direct to your door at any time of the year. More items will be added over time. <https://midwaysurf.org.nz/merchandise/>

BROWSE

Crews
Headwear
Hoodies
Kids
Ladies
Men
Singlets
Tees

MEN



Midway Surf Club Adult's Cap

UFlex Snap Back Flat Peak Cap Midway Surf Club Embroide...

\$47.00 [Buy](#)



Midway Surf Club Bucket Hat

AS Colour Bucket.Hat Midway Surf Club Logo (front) + Da...

\$40.00 [Buy](#)



Midway Surf Club Men's Tank

AS Colour Men's Barnard Tank Midway Surf Club Logu...

\$40.00 [Buy](#)



SLSNZ

Surf Lifesaving NZ have also gone online with the introduction of Etrainu. This allows easy access to the courses that are fully online modules and the theory components of training including Refreshers. This allows our Instructor Rama and the Assessors to focus on the physical components of training and achievement.

Sign in via the PAM portal with your SLS number and navigate to Online Learning. There are lots of modules that can be done online in under an hour, that will enhance your participation in Surf Lifesaving either as an active member or a parent helper.

 <p>Refreshers</p> <p>VIEW COURSES</p>	 <p>Lifesaving - Surf Lifeguard</p> <p>VIEW COURSES</p>	 <p>Lifesaving - Powercraft</p> <p>VIEW COURSES</p>	 <p>Lifesaving - Instructor/ Facilitator/ Examiner/ Assessor</p> <p>VIEW COURSES</p>
 <p>Search and Rescue (SAR)</p> <p>VIEW COURSES</p>	 <p>Health, Safety and Wellbeing</p> <p>VIEW COURSES</p>	 <p>Sport - Coaching</p> <p>VIEW COURSES</p>	 <p>Sport - Officials</p> <p>VIEW COURSES</p>

ABOUT

Benestar is the counselling and wellbeing provider for SLSNZ members. All active and current members and their immediate families* have access to fully funded counselling and wellbeing resources through Benestar. Benestar have counsellors throughout New Zealand who can be selected and booked online by the user. They also can be booked by phone. Active current members include patrolling members, committee members, officials, coaches and Peer Supporters.

To access Benestar counselling online, head to: <http://www.benestar.com/vbreg/xerocustomer>

When directly booking a counsellor from website, make sure you say that you are accessing as part of the **Xero Assistance Program**

To access Benestar counselling by telephone

Call **0800 360 364**. State you are from Surf Lifesaving and accessing as part of the Xero Assistance Program.

*Family members are classified as 'immediate family members living in the same household'.



OUR MAJOR PARTNERS



Lifeguard Patrols start on November 6th to coincide with the opening day of Junior Surf. The patrol roster has been sent out and we appreciate the time each of you give to patrolling Mid-way Beach. Please make sure you turn up fit and ready for your duty and contact your Patrol Captain asap if you are unable to make any dates.

SLA Refreshers are underway please ensure you get your online theory completed ready for when your RSR, Tube Rescue and CPR gets assessed.

A big congratulations to our Lifeguards training and putting in the effort during the winter to pass their IRB Driver and IRB Crewperson awards.

IRB Drivers Award Jack L, Tyron, Oliver S and Charlie Mc

IRB Crewpersons Sam Gaddum, Will Matthews, Austin Fergus, Maxwell Kennedy, Yahni Brown (WHERE ARE YOU GIRLS?!)

Rama our chief Instructor has been working really hard to help our 14+ year olds achieve their SLA Award and become fully fledged lifeguards and start the SLA refreshers. We even have a group of mums who are training as Patrol Support Lifeguards!



SURF LIFEGUARD AWARD

The Surf Lifeguard Award certifies that the holder has the basic skills and knowledge to be a Surf Lifeguard. This is the entry-level qualification for members to be a patrolling member. The Surf Lifeguard Award is the first step on the Surf Life Saving New Zealand lifeguard pathway.

Pre-requisites: 14 years of age | Current member of a SLS club

Duration: Variable depending on competence and instruction structure 2-8 weeks

Delivered by: Surf Life Saving club instructors, examined by local examiners

Who should complete it: Anyone interested in getting started as a Surf Lifeguard

Candidate requirements: Complete all tests, practical tasks and theory successfully

Exam components:

- Run-Swim-Run in the Surf
- 400m pool swim under 9 minutes
- Tube Rescue in the pool and surf
- First Aid and CPR
- Communication Signals
- Radio Communication
- Theory questions
- Rescue tows and releases

Outcomes

At the completion of the qualification candidates will be able to:

1. Demonstrate knowledge of health and safety issues relevant to Surf Life Saving members.
2. Describe the features of the surf environment.
3. Identify and describe the roles and responsibilities of a Surf Lifeguard.
4. Demonstrate knowledge of effective communication.
5. Demonstrate knowledge of effective scanning techniques and victim identification.
6. Perform retrieval of underwater objects.
7. Perform releases and tows in an aquatic environment.
8. Demonstrate Surf Life Saving signal communication and demonstrate knowledge of graphic communication.
9. Communicate using a two-way radio.
10. Perform a tube rescue.
11. Provide resuscitation (no unit standards).
12. Provide first aid (no unit standards).

**Congratulations on passing your
first Surf Lifeguard or Patrol
Support Award!!**

Mel McIntyre - Patrol Support

Kate Petro - Patrol Support

Ali Cameron - Patrol Support

Ella Sutton - Surf Lifeguard

Rio Sasamoto - Surf Lifeguard

Jacqueline Kennedy - Surf Lifeguard

Emily Petro - Surf Lifeguard



The Surf lifesaving/patrol support award is only the beginning of the road. Surf Lifesaving New Zealand offers a plethora of development avenues that build life skills and help the community. You will meet some great like-minded individuals and have some epic times.



SURF SPORTS

Pool Champs

For our JNR's, this years pool champs training was all about giving it ago and getting to know the sport so we can hit the ground running when we get into the new deep and most importantly WARM indoor Kiwa Pools. We had great numbers in our first few sessions and huge improvement of skills across the board. We had 17 jnrs sign up and smash out the Gizzy Pool Champs competition which was awesome to see. Unfortunately we didn't have any JNRs come to ERCS but Taylor Newman came to Nationals and raced out of her skin (even while sick) and amazingly picked up a Silver Medal in the 50 Rescue Brick Medley.

The SNR's had a very successful season in the pool and showed the quality of our small squad by heading away to ERCs with 10 athletes and placing 4th over all (1 pt off third place). Nearly every single athlete walked away with a medal and they all achieved personal bests across the weekend. This set the crew up for an outstanding Nationals Campaign which once again punched well above our weight coming in 9th club overall with only 9 competitors. We won 3 national titles, 7 silver medals and 5 bronze medals. Once again everyone improved their times and will be raring to go for next season in the new pool.



Beach Winter Round Up

Seniors hit the ground running in May and made a solid start to the season. Consistency and effort at training was high and impressive. Unfortunately like the rest of the country, we were then hit with a few illnesses and bad runs of weather through the middle and coldest part of the winter. Nevertheless, all the Snrs were still able to put some solid work in the pool and river and make good progress which will put them in good stead for the summer. We have now moved back to the beach and are transitioning into our full summer program.

As of last week the our Jnr Oceans Surf Sports Program (U/11s-U/14s) is now up and running and it has been awesome to see the positive response to our board allocations and the excitement in both athletes and parents about the season ahead. The concept behind this group is to provide a structured programme that develops the surf skills and confidence of our future lifeguards and athletes. Midway Club members who are eligible to compete in the under 11, under 12, under



As always I would like to thank everyone for the positive and friendly welcome I have had in my short time here. Thanks to JP and Suttzy for showing me the ropes and always helping out when needed. I really am pumped for the summer ahead and can't wait to see what we can achieve together.

Jack Gavin - coach@midwayslsc.co.nz

SURF SPORTS

Black Fins Round Up

As I am sure you are all aware, our three super stars Olivia Corrin, Chris Dawson & Cory Taylor had an amazing World Surf Life Saving Campaign. This year the worlds were held on the coast of Italy in a small seaside town called Riccione. Racing conditions were long and flat. All three athletes did themselves proud and came away with the incredible results.

Olivia Corrin

Silver - Board Race

Silver - 4 x 50 Obstacle Relay

Silver - Mixed Ocean Life Saver Relay

Silver - Womans Ocean Relay

Silver - Board Rescue

Chris Dawson

Gold - 100 Manikin Carry

Gold - Rescue Tube Rescue

Silver - 50 Manikin Carry

Silver - Mens Ocean Relay

Cory Taylor

Gold - Board Race

Gold - Ironman

Gold - Rescue Tube Rescue

Silver - Mens Ocean Relay

Bronze - Surf Race



It blows my mind that all of these results on a world stage came from Midway SLSC members. These three really are champions in every sense. A huge well done from us all guys.



JUNIOR SURF

Little Rippers and Nippers kicks off on the 6th of November. We have had lots of registrations from new members to join the Midway Junior Surf program this year. This is where it all begins for many of our members who go on to achieve great things in Surf Life Saving. We want to make all our new kids and families feel welcome at Midway, so Lifeguards & Seniors please come down on Sunday mornings to help out if you can. Fun and water confidence is the aim for Juniors.



For Health and Safety all Juniors are required to sign in and sign out of each session, so please make sure you do this with our Crew at the Containers. Parents of Under 10s must stay on the beach for the session.

The Jolly Roger coffee cart has agreed to attend to supply all those weary mums, dads, grandparents or caregivers with a caffeine hit so please support him. Hot Chocolates for the young ones after braving the cold spring ocean will go down well.



The Junior Surf BBQ will be back and we always need parent help to run this, so please sing out if you are a dab hand with the tongs.

There are limited facilities as you know for changing and showers (ie no shower or changing rooms) but we will have our Portaloo back, generously donated to our community by Waste Management. **Please make sure your Junior is changed and ready with their vest on.**

SPONSORS

A huge thank you to our local sponsors and charity organisations who so generously support Midway SLSC



Build 7 Gisborne, Eastland Port, Character Building Ltd, PGG Wrightson Ltd, Kitchen Family, Gaddum Family, Brian & Judy Gavin, Hain Family, Kinsella Family, Searle Family, Pahina Family, Wheeler Family



2022 /2023 Calendar

Subject to change. Up to date information can be found <https://www.surflifesaving.org.nz/calendar>

28/29 Oct—Midway Mahia Camp weekend

05 Nov—Gisborne Spring Series #1

06 Nov—IRB Crewperson Module #2

06 Nov—Junior Surf Nippers starts

12 Nov—Gisborne Spring Series #2

12/13 Nov—Gisborne Surf First Aid

19 Nov—Gisborne Instructor Training Course

25/27 Nov—Gizzy Grinder

9 Dec—National Lifeguard School in Waihi

9/10 Dec—Whangamata Classic

17 Dec—Mount Monster

22 Dec—Gisborne Junior Twilight

26 Nov—Gisborne —Surf Lifeguard & Patrol Support Exam 2

3/4 Dec—Gisborne—Advanced First Aid Training Course

2023

4 Jan—Gisborne Surf Lifeguard & Patrol Support Exam 3

5/7 Jan—Gisborne Senior Champs

20/22 Jan—Intermediate Lifeguard School—Event 2, Gisborne

27/29 Jan—Eastern Region Champs

3/4 Feb—Gisborne Junior Champs

11/12 Feb—2023 Eastern Region Junior Carnival, Waihi

18/19 Feb—NRCs

23/26 Feb—Oceans23, Mt Maunganui

9/12 Mar—TSB National Surf Lifesaving Champs, New Brighton, Chch

19 Mar—Eastern Region Rookie Champs

25/26 Mar—2023 BP Surf Rescue North Island Champs